

From: Rachelle Cote <coter@timiskaminghu.com>
Sent: Tuesday, December 11, 2018 11:13 AM
To: Roxanne St. Germain
Subject: RE: THU Board Correspondence
Attachments: THU Board Correspondence; THU Board Correspondence; THU - Board of Health Appointments

Hello Roxanne, I have added your contact info to our distribution list.

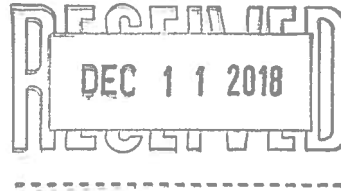
See attached, the last emails that were sent.

Another will follow shortly.

Best regards,

Rachelle Côté

Executive Assistant
 Secretary to the Board of Health
Timiskaming Health Unit
 247 Whitewood Avenue, Unit 43
 P.O. Box 1090
 New Liskeard, ON P0J 1P0
 Tel: 705-647-4305 ext: 2254
 Fax: 705-647-5779



- File Incoming Other
- Mayor
- Council I A
- CAO
- Building
- Finance S C
- Ec Dev S C
- Parks & Rec S C
- Planning S C
- Public Wks S C
- PPP
- Social Services
- _____
- _____

From: Roxanne St. Germain [mailto:frontdesk@temagami.ca]
Sent: December-11-18 10:30 AM
To: Rachelle Cote <coter@timiskaminghu.com>
Subject: THU Board Correspondence

Hello Rachelle,
 The last Board Minutes I have are from April 25, 2018. Have there been any since then and if so can you please send them to me, thanks!

Regards,

Roxanne St. Germain

Roxanne St. Germain, Dipl, BA Hon.
 Administrative Assistant
 Municipality of Temagami
 7 Lakeshore Drive, P.O. Box 220
 Temagami, Ontario, P0H 2H0

T: 705-569-3421 x 200
 F: 705-569-2834
frontdesk@temagami.ca
www.temagami.ca

From: Rachelle Cote <coter@timiskaminghu.com>
Sent: Thursday, September 13, 2018 3:05 PM
To: City of Temiskaming Shores; Town of Cobalt; Town of Englehart; Town of Latchford; Township of Armstrong & Thornloe; Township of Brethour; Township of Casey/Hudson/Harley/Kerns; Township of Chamberlain; Township of Coleman; Township of Evanturel; Township of Gauthier; Township of Harris; Township of Hilliard; Township of James; Township of KL; Township of Larder Lake; Township of Matachewan; Township of McGarry; Vacant Clerk; Township of Charlton & Dack
Subject: THU Board Correspondence
Attachments: Board Minutes-Jun.6.18.pdf; BOH Report Q2 - 2018.pdf

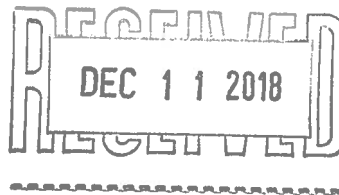
Good afternoon, the following correspondence is attached for information:

- Board of Health Minutes (June 6, 2018)
- Q2 Board Report

For distribution as appropriate. Thank you!

Rachelle Côté

Executive Assistant
Secretary to the Board of Health
Timiskaming Health Unit
247 Whitewood Avenue, Unit 43
P.O. Box 1090
New Liskeard, ON P0J 1P0
Tel: 705-647-4305 ext: 2254
Fax: 705-647-5779



File Incoming Other
Mayor
Council I A
CAO
Building
Finance S C
Ec Dev S C
Parks & Rec S C
Planning S C
Public Wks S C
PPP
Social Services



MINUTES

Timiskaming Health Unit Board of Health

Regular Meeting held on June 6, 2018 at 6:30 P.M.

Englehart Medical Centre Boardroom

1. The meeting was called to order at 6:38 p.m.

2. **ROLL CALL**

Board of Health Members

Carman Kidd	Chair, Municipal Appointee for Temiskaming Shores
Tony Antoniazzi	Vice-Chair, Municipal Appointee for Town of Kirkland Lake
Mike McArthur	Municipal Appointee for Temiskaming Shores
Jesse Foley	Municipal Appointee for Temiskaming Shores
Kimberly Gauthier	Municipal Appointee for Township of Armstrong, Hudson, James, Kerns & Matachewan
Merrill Bond	Municipal Appointee for Township of Chamberlain, Charlton, Evanturel, Hilliard, Dack & Town of Englehart
Jean-Guy Chamaillard	Municipal Appointee for Town of Kirkland Lake

Regrets

Vacant	Provincial Appointee
Audrey Lacarte	Municipal Appointee for Township of Brethour, Harris, Harley & Casey, Village of Thornloe
Kathleen Bougie	Municipal Appointee for Township of Larder Lake, McGarry & Gauthier
Maria Overton	Provincial Appointee
Sue Cote	Municipal Appointee for Town of Cobalt, Town of Latchford, Municipality of Temagami, and Township of Coleman

Timiskaming Health Unit Staff Members

Dr. Glenn Corneil	Medical Officer of Health (A) <i>(Teleconference)</i>
Randy Winters	Director of Corporate Services, CEO (A)
Kerry Schubert-Mackey	Director of Community Health
Rachelle Cote	Executive Assistant

3. Presentation: **2017 Audited Financial Statements – March Year-End/Land Control**
By Steve Acland

Mr. Acland left the meeting at 6:50 p.m.

4. **APPROVAL OF AGENDA**

MOTION #28R-2018

Moved by: Merrill Bond

Seconded by: Jesse Foley

Be it resolved that the Board of Health adopts the agenda for its regular meeting held on June 6, 2018, as presented.

CARRIED

5. **DISCLOSURE OF PECUNIARY INTEREST AND GENERAL NATURE**

None.

6. **2017 AUDITED FINANCIAL STATEMENTS – MARCH YEAR-END/LAND CONTROL**

MOTION #29R-2018

Moved by: Tony Antoniazzi

Seconded by: Jean-Guy Chamaillard

Be it resolved that the Board of Health approve the 2017 Audited Financial Statements for the March Year-End and Land Control as presented.

CARRIED

7. **APPROVAL OF MINUTES**

MOTION #30R-2018

Moved by: Mike McArthur

Seconded by: Kim Gauthier

Be it resolved that the Board of Health approves the minutes of its regular meeting held on April 25, 2018, as presented.

CARRIED

8. **BUSINESS ARISING**

None

9. **REPORT OF THE CHIEF EXECUTIVE OFFICER (A)**

Mr. Winters updated the Board on recent program and financial activities.

10. **NEW BUSINESS**

a. **SIGNING AUTHORITIES**

MOTION #31R-2018

Moved by: Merrill Bond

Seconded by: Mike McArthur

Be it resolved that the Board of Health agrees to add Dr. Glenn Corneil as a signing authority for the Timiskaming Health Unit Board of Health, effective immediately.

CARRIED

b. **PLAQUE OF APPRECIATION – AUDREY LACARTE**

MOTION #32R-2018

Moved by: Tony Antoniazzi

Seconded by: Kim Gauthier

Be it resolved that the Board of Health approves the remittance of a plaque of appreciation to Audrey Lacarte for her 11 years of service.

CARRIED

c. **TOBACCO AND SMOKE-FREE CAMPUSES**

MOTION #33R-2018

Moved by: Merrill Bond

Seconded by: Jesse Foley

BE IT RESOLVED THAT the Board of Health receive the briefing re: Tobacco and Smoke-Free Campuses; and

FURTHER THAT the Timiskaming Board of Health support the call from Public Health Sudbury and Districts to urge local post-secondary institutions to enhance existing policies to achieve 100% tobacco and smoke-free campuses; and

FURTHER THAT this motion be forwarded to local post-secondary leadership, the MOHLTC, Chief Medical Officer of Health, Ministry of Advanced Education and Skills Development, all Ontario Boards of Health and local MP's and MPP's.

CARRIED

11. **CORRESPONDENCE**

MOTION #34R-2018

Moved by: Mike McArthur

Seconded by: Kim Gauthier

The Board of Health acknowledges receipt of the correspondence for information purposes.

CARRIED

Dr. Glenn Corneil disconnected from the teleconference line at 7:00 p.m.

12. **IN-CAMERA**

MOTION #35R-2018

Moved by: Jesse Foley

Seconded by: Kim Gauthier

Be it resolved that the Board of Health agrees to move in-camera at 7:02 p.m. to discuss the following matters under section 239 (2):

- a. In-Camera Minutes (April 25, 2018)

CARRIED

13. **RISE AND REPORT**

MOTION #36R-2018

Moved by: Jesse Foley

Seconded by: Tony Antoniazzi

Be it resolved that the Board of Health agrees to rise with report at 7:12 p.m.

In-Camera Minutes

MOTION #37R-2018

Moved by: Merrill Bond

Seconded by: Kim Gauthier

Be it resolved that the Board of Health approves the in-camera minutes of meeting held on April 25, 2018 as presented.

CARRIED

14. **DATES OF NEXT MEETINGS**

The next Board of Health meeting will be held on September 5, 2018 at 6:30 p.m. in New Liskeard.

15. **ADJOURNMENT**

MOTION #38R-2018

Moved by: Tony Antoniazzi

Seconded by: Kim Gauthier

Be it resolved that the Board of Health agrees to adjourn the regular meeting at 7:13 p.m.

CARRIED

Carman Kidd, Board Chair

Rachelle Cote, Recorder

Report Content

- Mid-Year Program Highlights
- In The Spotlight
- Upcoming Events
- HR Update

Mid-Year Program Highlights

Population Health Assessment, Health Equity

Goals: To increase the use of population health information to inform the planning and delivery of programs and services; and to reduce the negative impact of social determinants of health that contribute to health inequities.

These program goals are achieved through all staff efforts and effective delivery of all program and services.

Provide and use population health information: Several information products were produced integrating the most recent data available e.g. Demographic Report, Infant Feeding Report, Births by Municipality, Reportable Diseases and a Priority Population Report resulting from a custom Census data order. Data packages were provided on numerous health behaviours, outcomes and health status topics, including social determinants of health for use by staff and partners across many sectors.

Addressing local data gaps: As a result of one-time Ministry funding, THU is joining other PHU's in gathering local data to address some of the many identified gaps. Internal planning has commenced to determine which data gaps to address through the Ontario Rapid Risk Factor Surveillance System. THU also supported our local DTSSAB in planning and conducting a homelessness count.

Health Equity (HE) Analysis and Advancing Policies that Decrease Health Inequities: Work continues to develop an organizational HE assessment and to continuously improve our capacity to conduct health equity impact assessments (HEIA). For example, a HEIA tool was employed during the planning of a local cannabis forum in Q2. THU also continues to leverage opportunities to work with partners to influence or implement strategies to reduce health inequities. For example in Q2, staff engaged partners and the public through a campaign that called for income solutions to address the root cause of food insecurity.

Effective Public Health Practice - Research & Knowledge Exchange & Communication – Quality & Transparency

Goals: THU is responsive to current and emerging evidence, emphasizes continuous quality improvement and supports a culture of transparency.

Program Planning and Monitoring: All teams have embraced continuous quality improvement for systematic planning of programs and services. As part of our annual planning cycle, numerous topic level situational assessments have been refreshed with the latest available evidence. Furthermore, additional assessments have been initiated for emerging topics. Currently, teams are using this information along with intervention research to inform annual work plans and identify resource needs.

Establishing indicators and routine monitoring of program and service activities to improve implementation and effectiveness is ongoing. Highlights of these efforts are described in program updates below and in reporting to various Ministries. The new Annual Service Plan activity reporting to the Ministry of Health and Long-Term Care is yet to be initiated. THU has completed 100% of all required activity reporting.

Evaluations: Additional efforts to assist in evidence-informed decision making and continuous improvement include several evaluation initiatives. Current evaluation highlights include a survey of mothers regarding breastfeeding practices and prenatal education, outcome evaluation of the Northern Fruit and Vegetable Project as well as a local diabetes prevention behaviour program and Food Skills for Families. Some of these are in the gathering and analysis phase and some in the report development phase. THU has also begun participation in *CDP-EvaLL* which is a two-year project led by the Propel Centre for Population Health Impact at the University of Waterloo. Project aims include to strengthen the design, conduct, use and sharing of chronic disease prevention evaluations in Ontario.

Research: To support effective public health practice on emerging or challenging issues, THU staff are involved in several research initiatives. Current research highlights include participating in the University of Waterloo's investigation into factors that facilitate or impeded chronic disease prevention policies and programs in rural Ontario Public Health Units. THU is also joining several other public health units to support lead investigators evaluate outcomes related to the Ministry's new vision screening protocol. Lastly, staff at THU are planning local research to enhance understanding of lived experience with opioid use in Timiskaming.

Emergency Preparedness & Health Hazards

With the hot, dry summer our area was hit with many forest fires. When this happens, most people focus on the obvious risk of the fire itself and what potential danger it can bring. In our role at public health, we were active in two areas. First, smoke exposure. While the fires burn they produce an enormous amount of particle carrying smoke that can be harmful to your health. We worked to increase the awareness of this, and gave the public recommendations on how to avoid the risk.

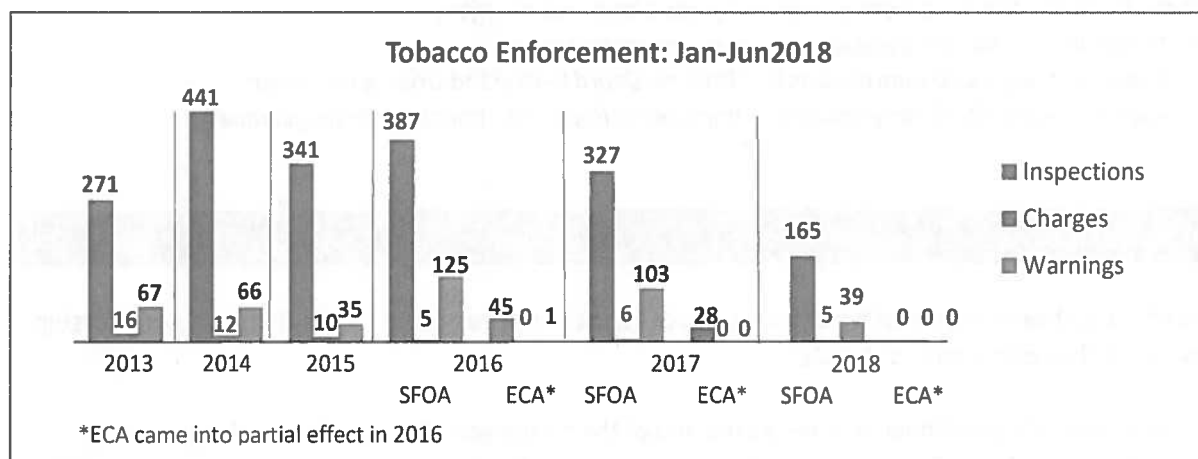
We also worked with municipalities on the emergency preparedness side of things. Being involved in the planning of potential evacuations is key in an emergency situation. Our role is to ensure any evacuation site is set up in a way that it avoids any additional health hazards or illnesses. In an emergency situation, you certainly do not need any more issues, such as an outbreak unrelated to the emergency. We work with municipalities at the front end to ensure this doesn't happen.

Chronic Disease, Injury & Substance Use Prevention and Well-Being

The team is on target with what was planned for the first half of the year. Any year-to-date variances are largely timeline variances which are expected due to the influence of partnerships and unanticipated opportunities and needs. The school health section reports additional interventions.

Goal: Reduce Tobacco use and exposure (Smoke-Free Ontario & NRT funding)

- Cessation: 1 Stop on the Road tobacco cessation workshop (Englehart, 5 participants); 267 NRT vouchers redeemed by 46 clients
- Prevention: Held Northern College one day stand, THU Board of Health passed resolution in support of tobacco-free campuses in Temiskaming
- Protection & Enforcement: 95% completion rate for Tobacco Vendor Inspections in Jan-June 2018; 5 charges (2: *supply tobacco to person under 19*, 1: *hinder, obstruct, interfere or refuse to answer questions or provide false or misleading info with an inspector during the course of their duties*, 2: *hold lighted tobacco in enclosed workplace*)



Goal: Improve population eating habits and make health eating easier in our communities:

- Delivered 3 workplace healthy eating sessions at NEOFACS offices
- Completed *Healthy Eating in Recreation Settings* pilot project in 2 arenas in Temiskaming Shores
- Promoted community learning and engagement in food insecurity: communications campaign with FB posts reaching >10,000 people
- 3 new supportive food environments (Kirkland Lake complex, 2 summer concessions in Haileybury)
- 3 people engaged in advocacy related to food insecurity (new community food action group)

- Partnered with the Healthy Kids Community Challenge to deliver an after-school food skills program to 11 youth in Grades 5 and 6.
- 5 community partners engaged in skill-building for older adult nutrition (meal provider workshop and education sessions)

Goal: Help community partners to deliver diabetes prevention behaviour change programming (100% funded)

- 17 community organizations participating in Diabetes prevention programming and implementation
- 53 participants in behaviour change programming
- 20 employees affected by workplace health promotion work

Goal: Promote healthy aging and reduce the number and impact of falls for those aged 65 years plus (funded 50% by NE LHIN)

- Over 200 older adults participating in free group exercise classes
- Focus groups held with 55 older adults in 3 communities to help guide local program planning
- 300+ *Guide to Exercise Opportunities for Older Adults in Timiskaming* shared
- 500+ seniors reached with important messages through peer performance troupes the Rising Stars
- 25 Personal Support Worker students (Northern College) trained to deliver the Home Support Exercise Program to homebound seniors
- 24 local health care providers participated in the RNAO Best Practice Champions Workshop focusing on the newly released fall prevention guideline
- Approximately 146 older adults 65 years + have been screened for fall risk through their primary care provider at 3 Family Health Teams: Temagami, Great Northern and Englehart

Goal: Reduce the frequency, severity and impact of injury

- 15 community partners engaged in injury prevention work
- Approximately 2,000 impressions for *Brain on Board* Distracted Driving campaign
- Approximately 18,000 impressions in *Impaired is Impaired* - impaired driving campaign

School Health

Goal: to achieve optimal health of school-aged children and youth through partnership and collaboration with schools.

The mid-term of the calendar year marks the end of the school year. THU staff are in the process of completing school-year final reports to share with partners. From January to June there were over 925 interactions with schools in the district. Highlights of some of the work are included below.

Tobacco Prevention – Youth Champions:

- Numerous youth champions across secondary school sites were engaged in tobacco prevention activities including World No Tobacco Day. Staff are preparing a report of the many activities for the school-year.

Active Living - Healthy Eating and Food Security:

- 6 schools are supported with PALS program implementation (increase physical activity & decrease conflict on the playground).
- 4 schools were supported with initiatives inspired by Nutrition Month with one school reporting activities linking to their poverty and equity initiative.
- 8 of 24 Northern Fruit and Vegetable Program schools were supported with participating in the post implementation student survey. 4 parent newsletters were published.

Mental Health Promotion

- 2 Roots of Empathy programs were delivered meeting 100% of our target.
- 1 secondary school Jack chapter was supported and consultation offered to others.

Sexual Health

- 19 healthy relationship clinics were held across 3 secondary schools as anticipated.

Injury Prevention

- 100 grade 10 students participated in *Preventing Alcohol Related Trauma among Youth* program.

Immunization:

- 16 school clinics were held (100% of our target) reaching students in Grades 7 and up.
- 100% of student immunization records were reviewed and through partnership efforts with schools as of June we are working with 20 students at risk of suspension per the Immunization School Pupils Act.

Oral Health Screening:

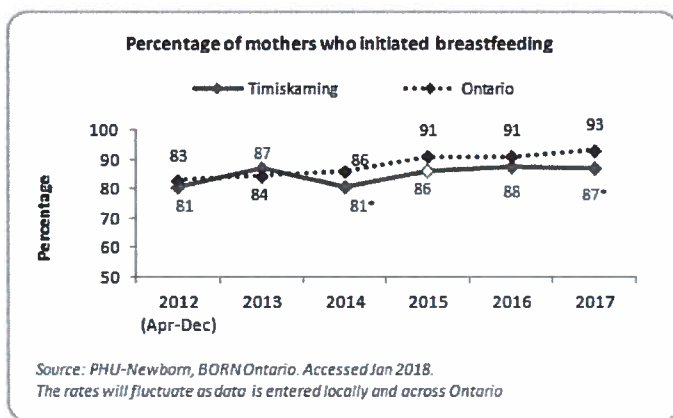
Oral Health - Dental Screenings					
	2014	2015	2016	2017	2018
<i>Pre-Kind/Kind & Grade 2 In-School Program</i>	822	555	937	800	479
<i>Additional Grades In-School Screening</i>	1153	1043	2217	1350	612
<i>Office Screenings</i>	345	292	238	248	105

Healthy Growth and Development

Collaborated with partners on Bear Island to facilitate car seat inspection training. Five members of the Bear Island community participated.

THU Car Seat Inspections	2016	2017	2018
Kirkland Lake	36	26	4
New Liskeard	36	47	15

A new breastfeeding working group was initiated with representatives from Temiskaming hospital, midwives and delivering physicians with the aim of increasing initiation, exclusivity and duration of breastfeeding by enhancing services offered to families.



Number of newborns	
Years	Total
2013	337
2014	338
2015	345
2016	368
2018 (YTD)	159

Source: PHU-Newborn, BORN Ontario. Accessed Aug 2018.

Healthy Babies – Healthy Children Home Visiting Program

Visits	2017	2018 (YTD)
Total # of Home Visits	325	196
Family Resource Worker Visits (FRW)	158	122
Public Health Nurses (PHNs) Visits	167	74

Healthy Beginnings Clinic - Pre and Postnatal Nurse Practitioner Program

	<u>Q1</u>	<u>Q2</u>
Number of new clients	19	11
Number of visits	260	260
*of total visits, Total # of visits 0-6 years	124	127
Number of preconception and reproductive health visits	1	16

Immunizations, Infectious & Communicable Diseases Prevention & Control

Immunization Program (Source Panorama)			
Immunizations Administered	2016	2017	2018 (Jan-June)
# of clients receiving immunizations	4780	1808	1434
# of immunizations administered	7446	2493	2548

Flu vaccines were not entered into Panorama in the 2017-2018 flu season.

Child Care Immunization Program: Immunization records for attendees at 18 licensed child care facilities were maintained and assessed achieving 100% of our target. This includes the Timiskaming Child Care’s Home Child Care Program which includes 2 Rural Early Learning Programs (during the school year) and 22 homes across the district – an increase of 7 homes since last year.

Travel Health Consultations				
Office	2015	2016	2017	2018 (Jan-June)
Kirkland Lake	317	272	259	140
New Liskeard	682	595	620	345
Englehart	81	n/a	n/a	n/a

Popular travel destinations include: Dominican Republic, Mexico, Cuba, Thailand, Vietnam, and Peru

Sexual Health				
Client Services	2015	2016	2017	2018 (Jan-Jun)
Male Clients	81	129	127	61
Female Clients	602	864	805	281
Median Age				22
Contraceptives	812	929	846	118
Plan B	48	41	25	8
STI Tests	208	215	201	113
Pregnancy Tests	33	28	36	15
Blood-Borne Infection Tests	79	124	97	61

OHIP+ launched January 1st, 2018, dramatically shifting where the majority of youth under the age of 25 obtain their contraceptives and Plan B.

Harm Reduction Program				
Client Services	2015	2016	2017	2018 (Jan-Jun)
Male Clients	45	121	189	105
Female Clients	10	68	108	59
Needles Distributed	10,424	12,906	20,953	13,775
Naloxone Kits Dispensed	n/a	n/a	n/a	18

Harm Reduction:

- 2 community sharps disposals were installed in Q2 and have been well utilized.
- Meth pipes were added to the safer drug use supplies program in addition to safe snorting kits.

- The Harm Reduction Distribution Program expanded to 2 new satellite sites: Northern Treatment Centre in Kirkland Lake and the Pavilion Women’s Centre.
- 3 fire departments were outfitted for Naloxone distribution in Q2.

Infection Control				
Client Services	2015	2016	2017	2018 (Jan-Jun)
Reportable Disease Investigations (non-STI)	81	69	59	77
Outbreaks - Institutional	24	14	36	23
Outbreaks - Community	1	0	0	0
Animal Bite Reporting	77	29	85	54
Sexually Transmitted Infections	89	80	61	45
Personal Service Settings Inspections (hair salons, tattoos, piercings, aesthetics)	33	47	50	51

Year	Vaccine Fridge - Cold Chain Inspection					
	KL		NL		ENG	
	Total inspections	Total failures	Total inspections	Total failures	Total inspections	Total failures
2014	22	7	30	14	7	3
2015	14	4	26	12	6	6
2016	13	2	24	5	5	0
2017	12	10	28	7	5	2
2018 (Jan-Jun)	0	2	7	4	0	0

The majority of cold chain inspections are completed during the summer months.

Safe Water

Safe Water Inspections		
<i>Drinking Water</i>	2017	2018
Small Drinking Water Systems	19	13
<i>Recreational Water</i>		
<i>Public Beaches</i>	16	17
<i>Pools</i>	25	18
<i>Recreational Camps/Beachfront</i>	11	9

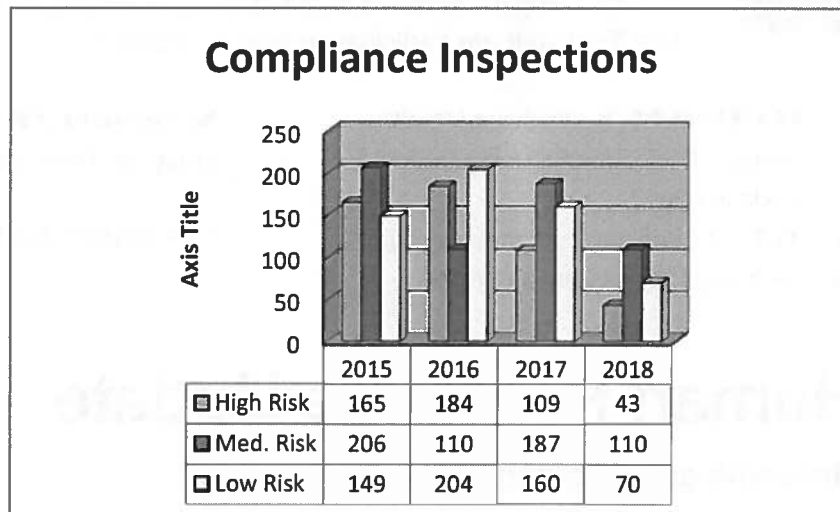
In the spring of 2018, we created and distributed our Small Drinking Water System newsletter to owners/operators. This document encourages review of Ontario Regulation 319 requirements and assists them in doing so through the information provided.

The goal of each newsletter is to highlight aspects of the regulation and describe how an owner/operator can meet these regulatory requirements. The complete newsletter can be accessed by clicking the image.



Food Safety

In 2018, numerous regulation and protocol changes were brought in by the province. One specific change was the requirement surrounding certified food handlers in a food premise. In the past, each food premise only required one certified food handler. Now, each premise is required to have at least one certified food handler per shift, every hour. With this change in mind, we were proactive in planning additional food handler courses and communicating that to our food premise operators. In turn, we have seen an increase in people taking the course, which is a good thing for food safety. For comparison, at the end of June in 2017, we had 225 people who had become certified, for the same period in 2018, we have had 359.



Land Control

Septic Systems	2014	2015	2016	2017	2018
<i>Permits Issued</i>	137	131	111	124	38
<i>File Searches</i>	57	60	60	66	28
<i>Severance/Subdivision</i>	20	15	15	29	10

In the Spotlight Local & Beyond

Public Health Items of Interest



Northern Ontario Health Equity Strategy (2018) - A plan for achieving health equity in the North, by the North, for the North - Health Quality Ontario

Ontario's 2017 Poverty Reduction Strategy Report April 2018 .



Upcoming Events

The following list contains *some* of the upcoming events and opportunities that THU staff are participating in or supporting.

- **SEPTEMBER 8** – Launch of Healthy Eating in Recreation Settings project, Kirkland Lake
- **TBD:** Ontario government consultations with municipalities re: cannabis retail

November 27 Ottawa Model for Smoking Cessation Timiskaming Workshop coming

November Fall Prevention Month

Human Resource Update

The comings and goings of our colleagues



New Staff:

- Dietitian – New Liskeard - Permanent (*August 2018*)

Return from Maternity Leave

- Community Health Worker/RPN – New Liskeard - Permanent (*June 2018*)

Resignation:

- Public Health Nurse – Kirkland Lake (*May 2018*)
- Nurse Practitioner – Elk Lake Nursing Station (*June 2018*)
- *Secretary I – New Liskeard (June 2018)*

Current Vacancies:

- Test Shoppers – New Liskeard-Kirkland Lake – Casual

Report contributors: Randy Winters –Acting Chief Executive Officer/Director of Corporate Services , Kerry Schubert-Mackey – Director of Community Health, Program Managers; Ryan Peters , Angie Manners, Erin Cowan (CNO), Amanda Mongeon. Executive Assistant: Rachelle Cote.